

March 2012

Ms L. Ibe-
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Southern Regional School District Girls Lacrosse Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Practice 2:45-5 Field 9	3 Practice 8-11 am
4 No practice Ever on Sundays!	5 Practice 2:45-5	6 Practice 2:45-5	7 Practice 2:45-5	8 Practice 2:45-5	9 SCRIMMAGE Lacey-H 4 pm V,JV	10 Practice 8-11
11	12 Practice 2:45-5	13 Practice 2:45-5	14 Practice 2:45-5	15 Practice 2:45-5	16 SCRIMMAGE Winslow-H V(only)-3:45	17 SCRIMMAGE Paul VI-A V, JV-11 am
18	19 Practice 2:45-5	20 SCRIMMAGE O.City-A V-4 JV-5:15	21 Practice 2:45-5	22 Practice 2:45-5	23 SCRIMMAGE Point Boro-A V-4 JV-5:15	24 SCRIMMAGE Absegami-H V, JV- 11am
25	26 Practice 2:45-5	27 Practice 2:45-5	28 SCRIMMAGE Manch Twp H-V,JV-4	29 Practice 2:45-5	30 Practice 2:45-5	31 Practice 8-11

*please call or text a coach if
you cannot make practice or a
game.

**our e-mails are...
our first initial, last name,
@srsd.net

*Saturday practices
in March may be in
the Middle School
depending on the
weather. Coaches
will let the athletes
know beforehand.*



PLEASE ALWAYS BE
PREPARED FOR PRACTICE.
Bring the following...

1. Stick
2. Goggles
3. Sneakers and Cleats
4. Warm clothes (layers)
5. Gloves (any kind)
6. A drink, water is preferred.
7. Healthy snack for away games
8. Hair ties
9. At least one extra mouth guard
10. A great attitude!!!

April 2012

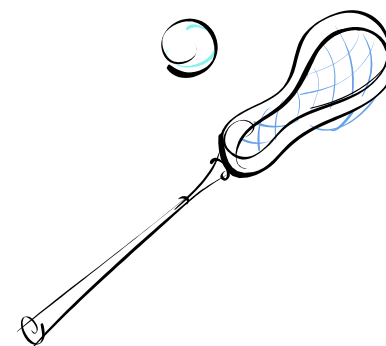
PLEASE CHECK-
The SRSD sports page
OR
www.shoreconferencenj.org/g5-bin/client.cgi?G5genie=249
FOR OUR FULL
SCHEDULE.

Southern Girls Lacrosse Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 OPENER TR North-H V, JV- 4	3 Practice 2:45-5	4 Jackson-H V, JV- 4	5 Practice 2:45-5	6 Easter break Practice 8-11 am	7 Practice 8-11 am
8 	9 Practice TBA	10 Central-H V, JV- 4	11 TRE- A V-11 am JV-12:30	12 Practice TBA	13 TR South-H V, JV- 4	14 Practice 8-11 am
15	16 TRE- A V, JV- 4	17 Practice 2:45-5	18 Brick Mem. A- V- 4 JV-5:15	19 Practice 2:45-5 	20 Practice 2:45-5	21 Practice 8-11 am
22	23 Practice 2:45-5	24 Jackson Lib. H- V, JV-4	25 Jackson- A V-4 JV- 5:15	26 Practice 2:45-5	27 TR North- A V- 4 JV- 5:15	28 Practice 8-11 am
29	30 Brick Twp-A V-4 JV-5:15					

Frequently check the
freshman schedule
throughout the season..
It is usually opposite
the Varsity schedule.
It can change at any
time.

JV game times listed
are subject to change.
It all depends on
whether they can get
the officials to do the
games at the same
time. If not... they will
follow the varsity game.
More likely than not
they will follow varsity.



May 2012

Southern Girls Lacrosse Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Practice 2:45-5	2 Practice 2:45-5	3 Brick Mem.- H- V, JV-4	4 Practice 2:45-5	5 TR East-H V, JV- 11
6	7 Barnegat-H V-7 JV-5:30 Senior Game	8 Practice 2:45-5	9 TR South-A V-4 JV-5:15	10 Practice 2:45-5	11 Absegami-A V- 4 JV-5:15	12 Junior prom Practice TBA
13	14 Oak Crest-H V, JV- 4	15 Practice TBA Academic Awards	16 SCT and States TBA...	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

TBA...

- ◇ Senior Game
- ◇ States
- ◇ S.C.T.
- ◇ Banquet
Information
- ◇ Uniform
Collection

